



SAFFRON WALDEN  
COUNTY HIGH SCHOOL

## SWCHS SIXTH FORM SUMMER WORK

### A Level Physical Education

#### TASK

If you have any queries regarding this work please email [kmotson@swchs.net](mailto:kmotson@swchs.net)

#### **Task**

1. Please send a short email to [kmotson@swchs.net](mailto:kmotson@swchs.net) explaining a bit about yourself, ie Name, where you came from, if you did GCSE PE and your sporting background.
2. Please look at the PE Summer Work PowerPoint Presentation and complete the Summer Task on page 2.
3. Watch the PE Practical coursework presentation by Mr Millership for the Practical element of the course

#### **How will this work be used in lessons?**

You should be able to set up the test and conduct it when we come back to school in the Autumn Term.