

Psychology (AQA A Level)

Getting Ready for Psychology

THINKING LIKE A PSYCHOLOGIST ...

As a department, we would love for you to start thinking about how you can engage with our subjects despite not being at school during this time! We are really excited about working with you and we hope that by looking through some of these activities you will see why we love our subjects so much!



The British Psychological Society

Have a look at what Psychology is all about and the potential career opportunities. Is there anything you would like to do? <https://www.bps.org.uk/>



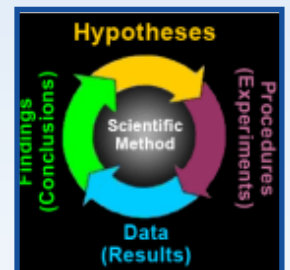
Famous Experiments

Have a look at some of these famous Psychology experiments and make a mind-map on what was found:

The bobo doll experiment: <https://www.youtube.com/watch?v=dmBqwWlJg8U>

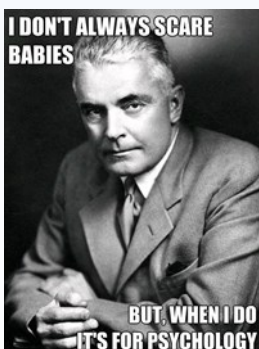
Milgram and obedience to authority: <https://www.youtube.com/watch?v=fCVII-4GZQ>

Harlow's Monkeys: <https://www.youtube.com/watch?v=OrNBEhzig8I>



What the meme?!

Can you work out why Psychology students get these memes?



Why was Pavlov's hair so soft?
Because he conditioned it.



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Cognitive Behavioural Therapy

Download the 'Thought diary' app and make a record of your thoughts. Practice using the techniques of CBT to help overcome your own irrational / negative thinking. This is particularly helpful when you are feeling anxious, worried, stressed, angry and many other emotions!



How reliable is your memory?

Listen to one of the most influential Cognitive Psychologists on Ted talks – Elizabeth Loftus: <https://www.youtube.com/watch?v=PB2Oegl6wvI>

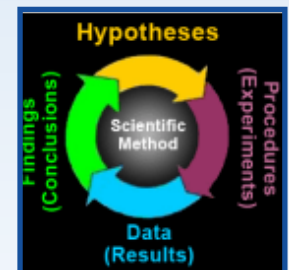


3 Identical Strangers

Watch the documentary on the use of twins in Psychological research (channel 4) - What are the big ethical debates we should consider here? <https://www.channel4.com/programmes/three-identical-strangers>



Download the BBC news app and keep up to date with what is happening in the world!



There are some interesting documentaries to watch on Netflix: The Mind Explained is a good one to start with

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