

“Know the Game” rules and regulations of a sport you will officiate in

If you have any queries regarding this work please email smacfie@swchs.net

Task

As part of Unit 25 Rules, Regulations and Officiating in Sport you will have to select a sport that you can:

- Research the rules of your chosen sport and explain how the rules and regulations have changed throughout the years,
- Analyse the strengths and weaknesses of an official officiating in your chosen sport
- You will have to officiate in the sport you choose and analyse your strengths and weakness as an official.

For your summer task research the guidelines for your chosen sport and produce a “Know the Game” booklet. Examples of things that should be included are:

- The pitch / court dimensions (use pictures and diagrams)
- The distances of any markings on the pitch / court and any restrictions that relate to the markings eg player restrictions to the different thirds in netball.
- The size of the goals / posts etc
- The requirements of the ball size / clothing / equipment etc.
- The different playing positions and rules that may relate to them.
- The size of the squad allowed by the team.
- What are the different ways a team is allowed to use substitutions?
- What is the scoring system?
- How does the game start and end?
- What is the duration of a game? What is injury time? Extra time?
- What is the roles of the officials & assistants.

Try and edit the information to make it clear and concise to understand. Use pictures to help explanations.

How will this work be used in lessons?

The work you produce will go into the first assignment you will need to complete in September.

How long will this task take?

1.5 - 2 hrs