

WELCOME

As part of our commitment to the wellbeing of staff in Saffron Academy Trust, we offer a range of benefits to our colleagues. This wellbeing package forms a part of our SAT Staff Charter.

Ready to thrive? **Saffron Academy Trust** offers more than just a job; we offer a launchpad for your career and a place that prioritises your wellbeing. This guide unlocks the range of benefits designed to support you as you grow with us.



Explore the Guide

Unlocking the full potential of everyone!

This guide is packed with information on all the benefits available to our employees, designed to support staff with their health, wellbeing and financial security.

At SAT we're committed to helping our staff thrive both personally and professionally. Everybody here has access to services, resources and support to balance their career with their life outside of work, so everyone can reach their full potential.

We encourage you to take a look at what we offer and decide for yourself if this is a place you'd like to work.

TABLE OF CONTENTS



Welcome



Online GP Services



Wellbeing Support



Company Pension



Blue Light Card



Bike 2 Work Scheme



Discounts for Staff

Online GP Services

24/7 Healthcare Access

Our online GP services provided by BHSF provide you & family members who live with you access to qualified doctors when you need it most, at a time that's convenient to you.



What's on offer:

- Confidential advice on a wide range of health concerns
- Private prescriptions if needed
- Referrals if you have private medical insurance
- Second opinions where needed

FLU VACCINATIONS:

In addition to having access to online GP Services, all staff are offered a flu vaccination in the Autumn term, free of charge.

Benefits



Convenience

No need to take time off work, with video or phone appointments available from 8am to 10pm, 7 days a week.



Quick & Unlimited Access

Get medical attention when you need it & as often as you need it, even outside of regular GP hours & if you're overseas.



Confidentiality

Feel confident that your consultations are private & secure.



Prescriptions

Get electronic private prescriptions delivered directly to you or a named pharmacy.

Employee Wellbeing Support



Benefits available to all staff

Counselling: Up to 6 confidential sessions with qualified counsellors to address each personal or work-related issue

Legal & Financial Advice: expert guidance from industry experts

Support For You & Family Members: resources to help you & your family cope with challenges in life

Professional Coaching & Support: from experienced education specialists

Cognitive Behavioural Therapy & Mindfulness: online programmes to help support your mental fitness & resilience.

Education Support is a UK charity that's been supporting the wellbeing of education staff for 145 years.

Confidential Help

Call us, we'll listen.
24/7, 365 days a year

Company Pension

Saving For Your Future

Simply put, your pension is a way that you, your employer and the government help you to save for your future and is one of the most important benefits available to new & existing staff.

SUPPORT STAFF

Support Staff have the opportunity to be a part of the highly competitive Local Government Pension Scheme (LGPS), a defined benefit scheme with 6.4 million members from 15,000 employers.

If you're not already a member or you want to find out more, we recommend you take a look at the information available using the link below.

[LGPS Information](#)

TEACHING STAFF

Teaching Staff are automatically enrolled onto the highly regarded Teacher Pension Scheme (TPS). This is a defined benefit scheme that gives you protection whilst you're in service and provides you with a guaranteed pension once you retire.

For further information, please click on the link below.

[TPS Guide](#)



Benefits

- **Defined benefit scheme based on salary and service**
- **Tax free contributions**
- **Life Cover**
- **Ability to make extra contributions**
- **Ill health cover**
- **In-service death grant**



BLUE LIGHT

Blue Light Card

Big savings on brands you love

This is a service available to all staff who work in the NHS, Social Care, Emergency Services, Social Care & Education with access to discounts at thousands of companies.

Discounts

- Cinema Tickets
- Theatre Tickets
- Food & Drink
- Household Goods
- Clothing
- Phones & Technology
- Sporting Events
- Holidays
- Weekend Breaks

Exactly where you can use your card depends on which shops, restaurants, cinemas, hotels & other providers are offering a discount at the time.

High street shops & restaurants where the Blue Light Card can be used aren't always listed on the public website – often a sign is displayed at the till instead, so please look out for this when you're out & about. To make the most of the savings on offer, you can also set up automated notifications that go straight to your phone via the app.

Bike 2 Work Scheme

Tax Free Cycles

The Bike2Work Scheme is an employee benefit approved by the government, designed to get more people cycling to work and living healthier lives.



Benefits available to all staff

This scheme is available to all staff who wish to purchase a bike or cycling equipment & could save you up to 48% on the overall costs. It also allows you to pay for your bike or equipment over a period of up to 48 months.

Discounts for Staff

Helping those who help others

discounts
for
teachers



Trusted by over
**900k teachers &
support staff**

Start saving now

Exclusive discounts, cashback
& vouchers for Teachers & **ALL**
Education Staff.

For teaching assistants,
headteachers, administrators,
& everyone in between.

discountsforteachers

This is a free online service available specifically for all education staff & gives access to hundreds of discounted goods & services, with exclusive deals throughout the year.

Discounts On

- Shopping
- Travel
- Finance
- Insurance
- Mobile Phones
- Motoring
- Broadband, TV & Utilities