

Sport (Pearson BTEC Level 3 Diploma)

Introduction

With input from over 5,000 teachers, employers and higher education institutions, the new BTEC Nationals in Sport combine up-to-date industry knowledge with the right balance of the practical, research and behavioural skills that students need to succeed in higher education and in their careers.



Rationale for the BTEC Nationals in Sport

The new BTEC Nationals in Sport use a combination of assessment styles to give students confidence they can apply their knowledge to succeed in the workplace – and have the study skills to continue learning on higher education courses and throughout their career. The range of vocational assessments – both practical and written – means students can showcase their learning and achievements to best effect when they take their next step, whether that's supporting applications to higher education courses or potential employers.

BTEC Nationals in Sport provide you with an option of qualification sizes to choose from. Each has a clear purpose, and is designed to ensure progression to higher education or into employment.



There are two types of qualification to choose from:

1. The Pearson BTEC National Extended Certificate in Sport

This is an Applied General qualification for post-16 learners who want to continue their education through applied learning and who aim to progress to higher education and ultimately to employment in the Sport sector. The qualification is equivalent in size to one A-Level, and it has been designed as a full two-year programme when studied alongside a further Level 3 qualifications.

Equivalent in size to: One A-Level

Total number of Units: 4

Aim: To provide a coherent introduction to the study of the Sport sector, as part of a two-year programme, normally in conjunction with one or more qualifications at Level 3.

Progression to: Higher education as part of a study programme which includes other vocational or general subjects.



Year 1

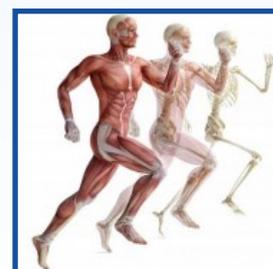
Unit 1 Anatomy & Physiology Exam in January

Unit 6 Sports Psychology Assignment Based

Year 2

Unit 2 Fitness Training & Programming Exam in January

Unit 3 Professional Development in Sport Assignment Based



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2. Pearson BTEC Level 3 National Diploma in Sport

This is intended as an Applied General qualification, equivalent in size to two A-Levels. It has been designed as part of a two-year programme, normally in conjunction with one or more qualifications at Level 3. This qualification is aimed at learners looking to progress to higher education in this sector.

Equivalent in size to: Two A-Levels

Total number of Units: 9

Aim: To provide a strong base of sector study specifically within the Coaching and Sport sector.

Progression to: Higher education as part of a study programme which includes other vocational or general subjects. The Diploma studies the same plan as the Extended Certificate but also includes:

Year 1

Unit 4 Sports Leaders Assignment Based

Unit 22 Investigating Business in Sport & Leisure Exam in June

Unit 25 Rules & Regulations in Officiating Sport Assignment Based

Year 2

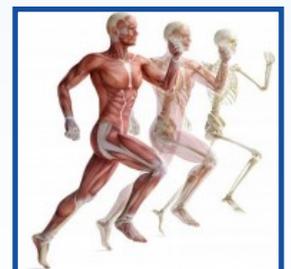
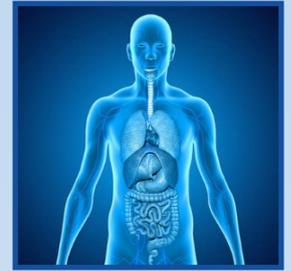
Unit 8 Sports Coaching for Performance Assignment Based

Unit 23 Skill Acquisition in Sport Assignment Based

BTEC Nationals use a combination of assessment styles to give students confidence that they can apply their knowledge to succeed in the workplace – and have the study skills to continue learning on higher education courses. This range of vocational assessments – both practical and written – mean students can showcase their learning and achievements to best effect when they take their next step, whether that's supporting applications to higher education courses or potential employers. BTEC Nationals use three types of assessment:

Assignments

In units assessed by assignments, an assignment brief is set for students to carry out set tasks and create evidence to work-related scenarios. Assignments can include research, projects, investigations, fieldwork, and experiments, and often link theory with practical exercises.



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Tasks

Tasks require students to demonstrate their skills and knowledge in a real-life scenario they are likely to encounter in the workplace. They provide students work-based challenges, where they are faced with realistic work conditions and time-based pressures.

Unit 2: Fitness Training and Programming for Health, Sport and Well-Being

Students are assessed on their ability to interpret lifestyle factors and health screening data in order to develop and justify a fitness training programme and nutritional advice for a hypothetical scenario.

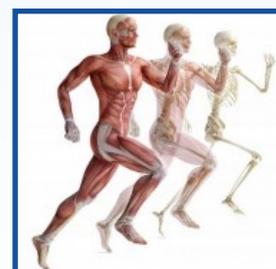
Students are presented with their scenario in Part A and are then allocated 6-8 hours to research the data and prepare notes for the final assessment. During the final assessment, Part B, students will be issued more supplementary information and will use this and their research to produce their final plan.

Written Exams

Written exams take a practical approach to testing essential knowledge in test conditions.

Unit 1: Anatomy and Physiology

Students are required to sit a 1 hour 30 minute exam that will contain a mix of short and long answer questions. The exam will aim to assess the students' understanding of the Skeletal System, the Muscular System, the Respiratory System, the Cardiovascular System and the Energy System for Sports Performance. The exam will test understanding to determine the interrelationships between body systems for sports performance.



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