



A career in the NHS

<https://www.healthcareers.nhs.uk/working-health/working-nhs/who-works-nhs>

<https://www.stepintothenhs.nhs.uk/careers>

Skills:

- ▶ Team working
- ▶ Working under pressure
- ▶ Dealing with the public
- ▶ Initiative
- ▶ Thinking on your feet
- ▶ 01223 586616. Addenbrookes volunteering



Qualifications

- ▶ GCSE Maths, Science and English: Nursing: 4/5 Medicine: 8/9
- ▶ Biology
- ▶ Chemistry
- ▶ Maths
- ▶ Health and Social Care
- ▶ Sociology
- ▶ Psychology
- ▶ EPQ
- ▶ Health Care Assistant level 2 apprenticeship

NHS Careers: more than nurses and doctors

- ▶ <https://www.healthcareers.nhs.uk/explore-roles>
- ▶ Working with people
- ▶ Support services
- ▶ Psychology
- ▶ Pharmacy
- ▶ Play therapy
- ▶ Premises support
- ▶ Phlebotomy
- ▶ Radiology
- ▶ Ophthalmology

Medicine

<https://www.independent.co.uk/student/into-university/applying/how-to-become-a-doctor-medical-school-applying-application-medicine-interview-tips-a7073956.html>

- ▶ <https://www.medschools.ac.uk/studying-medicine/applications>
- ▶ 4 places for medicine plus one other
- ▶ Type of course: given a body or a book, different universities have different teaching methods
- ▶ Problem solving approach where you work in a group with other students
- ▶ 15th October deadline
- ▶ Wait and be patient, offers can be a long time coming (Clearing is possible but rare)
- ▶ Student finance is available. Funding rules are changing all the time.
- ▶ Bursaries are available through universities for specific students. Check the rules through the admissions office.
- ▶ <https://www.themedicportal.com/application-guide/ucas/>

BMAT



University of Cambridge



Leeds School of Medicine



University of Oxford Medical School



Brighton & Sussex Medical School



Imperial College London



Keele University (overseas applicants)



University College London



Lancaster University

Date	Event
1 September 2023	Registration opens <i>Test centres can register candidates from this date</i>
15 September 2023	Deadline to apply for modified papers (e.g. enlarged print)
29 September 2023 at 18.00 (BST)	Deadline for test centres to register candidates Deadline to apply for Access Arrangements (e.g. extra time) Deadline to apply for test voucher code*
18 October 2023	Test date
24 November 2023 at 9.00 GMT	Results released
1 December 2023	Deadline to apply for a Results Enquiry

UCAT

- ▶ 32 Universities use the UCAT:
- ▶ <https://www.uniadmissions.co.uk/ucat/guides/ucat-universities/>

- ▶ Decide on a style of teaching (traditional, integrated, or PBL)
- ▶ Narrow down your choices
- ▶ Sit the UCAT
- ▶ Finalise your decisions based on the university's UCAT weighting and your results

European Universities



- ▶ University of Pecs Hungary
- ▶ Accredited by the NHS
- ▶ <http://aok.pte.hu/en/hirek/hir/11014>



- ▶ <https://medconnecteurope.co.uk/brexit-should-it-stop-you-from-studying-medicine-in-europe/#:~:text=The%20biggest%20concern%20to%20students,part%20of%20the%20European%20Union.>

Adult Nursing degree

- ▶ CCC to ABB depending on the university
- ▶ Health and Social Care very acceptable, becoming preferred
- ▶ Biology required for some courses
- ▶ Foundation year available
- ▶ Practical and theory
- ▶ Degree apprenticeships becoming available
- ▶ Good basis for later specialisation: paediatrics, cardiology, midwifery
- ▶ Paediatric nursing more competitive BBB
- ▶ Mental Health nursing also available
- ▶ In Hospitals, GP surgery, community, abroad, military
- ▶ Progression routes to health visitor and nurse practitioner



Midwifery degree

- ▶ BBB to AAB
- ▶ Very competitive: older applicants
- ▶ Foundation year available
- ▶ January intake
- ▶ Work with women not babies
- ▶ In hospital and in the community
- ▶ Health and Social Care very acceptable, becoming a preferred subject



Occupational Therapy degree

- ▶ Occupational therapy is the use of assessment and intervention to develop, recover, or maintain the meaningful activities, or occupations, of individuals, groups, or communities. It is an allied health profession performed by occupational therapists and Occupational Therapy Assistants
- ▶ Apprenticeships available
- ▶ Health and Social Care very acceptable
- ▶ Some universities require science including PE
- ▶ Other specialisms available eg: speech and language therapy,
- ▶ BCC to ABB



Operating department practice degree

- ▶ Operating department practitioners (ODPs) are a vital part of the operating theatre team, with their role varying from day to day. Working alongside surgeons, anaesthetists, nurses and healthcare support workers, ODPs ensure that every operation is as safe and effective as possible.
- ▶ BBC- ABB
- ▶ Foundation year available
- ▶ Health and Social Care or science



<https://digital.ucas.com/coursedisplay/courses/038ad655-4e13-4ce5-9379-8266c670784e?academicYearId=2021> Coventry BBC

Physiotherapy degree

- ▶ Physiotherapy is the treatment of injury, disease and disorders through physical methods – such as exercise, massage, manipulation and other treatments – over medication and surgery.
- ▶ Lots of variations including sports therapy with rehabilitation
- ▶ Different types: sports, children, equine and canine
- ▶ Professional accreditation
- ▶ BBB to AAA or foundation year available
- ▶ Generally ask for a science including PE



Paramedic degree

- ▶ Paramedics have a highly responsible role, often being the senior ambulance service healthcare professional in a range of emergency and non-emergency situations. You will be one of the first healthcare professionals to arrive at the scene.
- ▶ Mental health is a major cause of call outs
- ▶ Health and Social Care or science
- ▶ Progression routes into emergency services
- ▶ Career development
- ▶ Driving licence required for some
- ▶ BBC to ABB
- ▶ Foundation year Birmingham City CCD either HSC or science
- ▶ Disaster management and emergency planning degrees



Dentistry degree

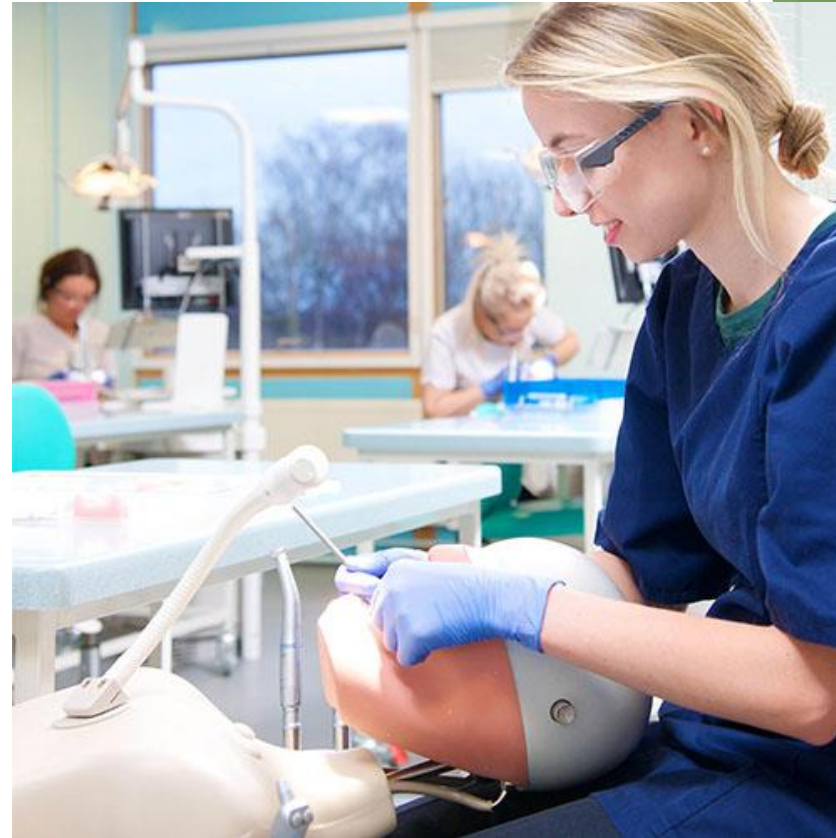
- ▶ AAA
- ▶ Biology
- ▶ GCSE grades
- ▶ Post graduate entry
- ▶ 5 year course
- ▶ Medicine and dentistry
- ▶ Some universities require UCAT/BMAT



POST GRADUATE

Dental nursing

- ▶ Apprenticeships
- ▶ Progression route to orthodontic therapist



Health care courses Interviews

- ▶ Group discussions
- ▶ One to one discussions
- ▶ Understanding of the importance of person centred care
- ▶ Care Certificate
 - http://www.skillsforhealth.org.uk/images/projects/care_certificate/Care%20Certificate%20Standards.pdf
- ▶ http://www.skillsforhealth.org.uk/images/standards/care_certificate/workbooks/Standard%204%20-%20Equality%20and%20diversity.pdf
- ▶ Role plays OSCEs (objective structured clinical examinations)
- ▶ Older applicants can be highly competitive in midwifery and nursing degrees



Medicine with a foundation year

<https://digital.ucas.com/coursedisplay/courses/aa4a3ef2-578b-4210-8104-3d5cac5d53e9?academicYearId=2021>

Check the other requirements which may include place of permanent residence or school rating.

Keele

Nottingham

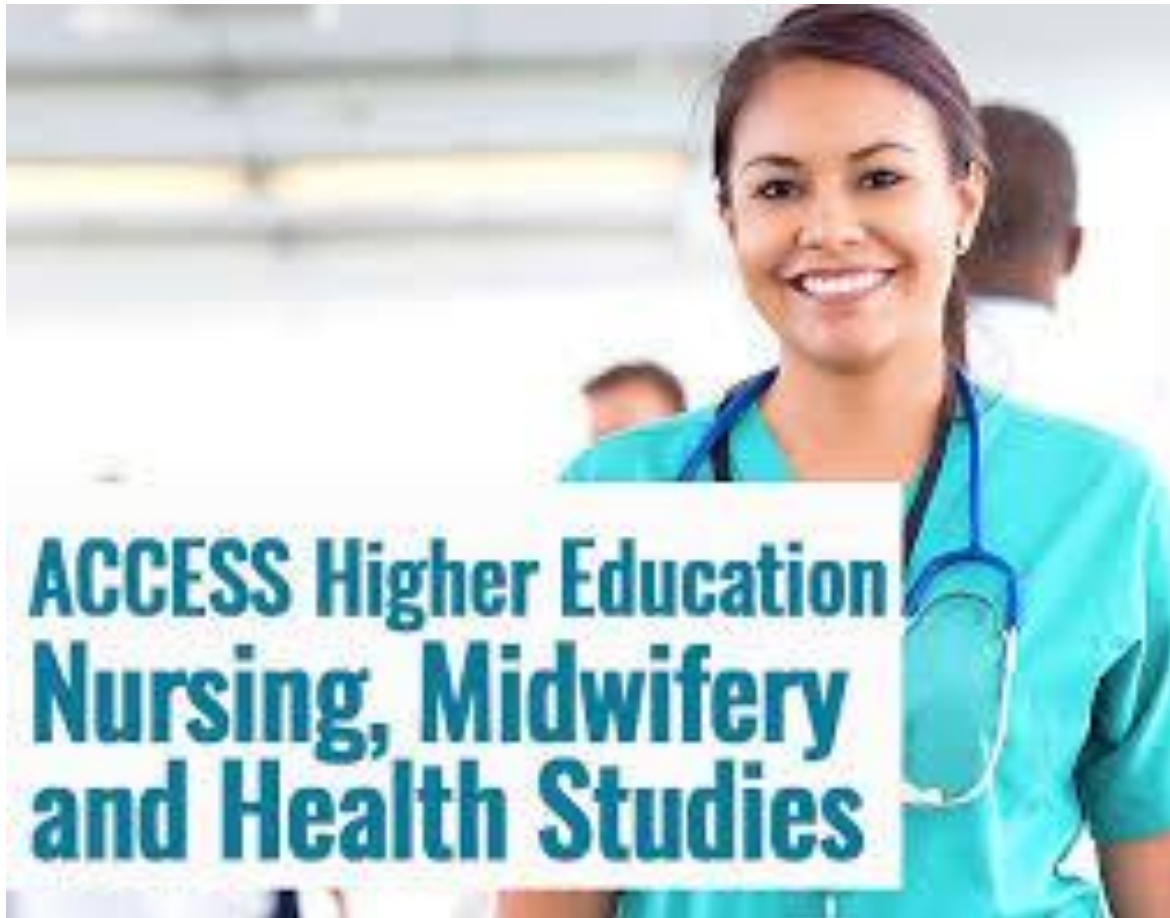
Lincoln

Bradford



Access courses

- <https://www.harlow-college.ac.uk/study-options/access-courses> nursing and medicine



Personal statement

<https://www.ucas.com/undergraduate/applying-university/how-write-ucas-undergraduate-personal-statement>

- ▶ “give an example of a situation where... when you...”
- ▶ Motivation
- ▶ Experience
- ▶ Skills
- ▶ Abilities
- ▶ Qualities

Preparing your personal statement

1. Preparation

- You can only write one personal statement, so don't mention a uni or college by name.
- Check uni and college websites to see what skills and qualities they'd like you to have.
- Make a list of things you want to include.
- Start drafting early.

2. What to include

- Why you're interested in the subject.
- Your enthusiasm for the subject.
- How your previous studies relate to the course(s).
- Relevant aspects of jobs, placements, work experience or volunteering.
- Activities or hobbies that show your interest in the subject.
- Any training or achievements that show your skills.
- Demonstrate you're a great candidate and you have skills and qualities they're looking for.

3. How to write it

- Introduction – start with an opening sentence that encourages the reader to read on.
- Structure what you want to include in an order that's most relevant to what the unis and colleges are looking for.
- Conclusion – reinforce your commitment, enthusiasm and skills suited to uni / college life.
- Check your grammar, spelling and punctuation.
- Leave time to get feedback and redraft.

4. Technical details

- Length – up to 4,000 characters or 47 lines of text (including spaces and blank lines).
- Make sure you don't copy – our software detects any similarities and this could jeopardise your application.

7 Cs

CARE

COMPASSION

COMPETENCE

COMMUNICATION

COURAGE

COMMITMENT

CONSISTENCY



Opportunities to develop skills

- ▶ Addenbrookes volunteers
- ▶ ASU
- ▶ Science week
- ▶ Training sessions, visits and speakers
- ▶ Friends and family
- ▶ Uttlesford volunteers: Time Bank 18+
- ▶ Elderly care
- ▶ Dementia action alliance
- ▶ St Johns Ambulance
- ▶ Local residential care homes
- ▶ Local schools including SWCHS



Apprenticeships:

<https://www.ucas.com/alternatives/apprenticeships/apprenticeships-england/applying-apprenticeships-england>

- ▶ <https://www.anglia.ac.uk/study/degree-apprenticeships/nursing-bsc>
- ▶ <https://www.ucas.com/alternatives/apprenticeships/apprenticeships-england/what-apprenticeships-are-available/degree-apprenticeships>
- ▶ <https://www.careers.cuh.nhs.uk/apprenticeships/> Addenbrookes apprenticeships



On line resources to support you

- ▶ <https://www.healthsciences.leeds.ac.uk/events/online-workshops/workshops> workshops at Leeds University
- ▶ <https://www.healthsciences.leeds.ac.uk/events/online-summer-schools-and-taster-weeks/> health sciences on line summer schools
- ▶ <https://www.rcgp.org.uk/training-exams/discover-general-practice/observe-gp.aspx> observe a GP on line
- ▶ <https://bsmsoutreach.thinkific.com/courses/VWE> virtual work experience
- ▶ <https://www.medschools.ac.uk/media/2331/relevant-experience-for-applying-to-medical-school.pdf> guidance on work experience for medical school
- ▶ <https://medicinehealth.leeds.ac.uk/medicine-undergraduate/doc/coronavirus-faqs> FAQs for medics
- ▶ <https://www.nuffieldfoundation.org/students-teachers/nuffield-research-placements> Nuffield research on line placements

On line resources to support you

- ▶ <https://icould.com/?s=Addenbrookes> job roles at Addenbrookes
- ▶ <https://www.skillsforcare.org.uk/Careers-in-care/Think-Care-Careers.aspx>
- ▶ Social care, skills quiz and job roles
- ▶ <https://www.healthcareers.nhs.uk/> explore NHS careers
- ▶ Explore some of the training videos available to Health and Social Care organisations. Choose a topic and watch examples of good practice, listen to the expert discussion.
- ▶ <https://www.scie.org.uk/search?sq=videos>
- ▶ There are documentaries on Netflix covering a range of topics.
<https://www.prevention.com/life/g25737172/netflix-health-documentaries/>
- ▶ The beginning of the NHS <https://www.youtube.com/watch?v=-ywP8wjfOx4>
- ▶ Nursing the Nation: the role of the district nurse
<https://www.youtube.com/watch?v=fdpDoy9qYpE>
- ▶ Eleanor Longden, hearing voices: <https://www.youtube.com/watch?v=syjEN3peCJw>
- ▶ Read how different countries are coping with the corona virus <https://www.who.int/>
- ▶ Inside Intensive Care <https://www.bbc.co.uk/iplayer/episodes/m000h64s/critical-inside-intensive-care>
- ▶

Webinars

These webinars are a fantastic opportunity for students to find out about the range of health careers available and they may even provide inspiration for Year 12 students who will be drafting their Personal Statements over the summer! If you would like to find out more please click on the link below, where you will also be able to book your place.

- ▶
- ▶ <https://iseethedifference.co.uk/join-us-for-our-free-webinar-series-careers-in-allied-health/>
- ▶
- ▶ The University of Hertfordshire is the largest provider of radiography education and the first to offer Paramedic degrees. For students, currently researching their options in the Allied Health Professions, we have a dedicated Health and Social Work area of our website, available to view here:
<https://www.herts.ac.uk/study/schools-of-study/health-and-social-work/course-subject-areas>.