

A Level PE (AQA)

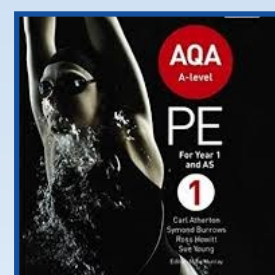
Getting Ready for PE

We have a range of different activities available to help you prepare for the PE A Level course.



Accompanying this handout are a series of activities to help you revise some of the essential GCSE topics that will be used at A Level. Please start by completing the revision booklet then have a go at some of the PE revision questions to test your knowledge.

The work below will help you prepare for the NEA (non-examined assessment).



1. Please go to the PE specification at the following link:

<https://filestore.aqa.org.uk/resources/pe/specifications/AQA-7582-SP-2016.PDF>

2. Familiarize yourself with the specification outline on pages 7 and 8.

3. Coursework task – go to page 33 and the following section- 4.5 Non-exam assessment (NEA): Practical performance in physical activity and sport



4. Read pages 33-40 to understand the demands and expectations (we strongly suggest being assessed as a performer).

5. Read the specification outline for your chosen best sport. These start at page 41 and go through to page 97- just look at your sport! E.g. Hockey is on page 59.



Any questions, please contact bsindell@swchs.net



